

## Options 3 Activities for all

- A half day inspiring training session with practical examples of activities to suit all abilities
- Discuss reasons for activities and how to fit them in to an already busy schedule
- Half day session (either morning or afternoon) for up to 20 staff for £150, plus travelling expenses
- Certificate of attendance available.

## Lets help your care staff make happy endings....

To obtain more information, or to book a training event please contact Vivienne Dickens:

T: 0116 270 2193

E: alzheimers.vivienne@ntlworld.com

Vivienne is a fully qualified Psychiatric Nurse with 26 years experience who has worked for Alzheimer's Society for over five years. She is a regular bank nurse at an EMI home.

### About us

Alzheimer's Society is the UK's leading care and research charity for people with dementia and those who care for them.

### Alzheimer's Society National Dementia Helpline

0845 3000 336

8.30am – 6.30pm Monday to Friday

[alzheimers.org.uk](http://alzheimers.org.uk)

Working in partnership with Norfolk County Council and Great Yarmouth and Waveney Primary Care Trust.

Registered charity no. 296645.

# Dementia Care training

'Can you write me a nice happy ending; that would be good. Things change so quickly, it would be nice to be sure of a happy ending.'

Person with dementia



## Option 1

### Yesterday, Today, Tomorrow

Certificated Training Course produced in association with BUPA, Joseph Rowntree Foundation and the University of Sunderland.

The training outcomes for this course are:

- Understanding what dementia is
- That it affects people in different ways
- Understanding that quality dementia care focuses on what a person can do rather than on just what they are now able to do
- Understanding the importance of good quality communication
- Being able to identify methods to improve the well being of people with dementia

- An insight into what the experience of dementia may be like
- An introduction to the concept of person centred care
- A basic understanding of how dementia may affect a person's behaviour and ability to communicate, and the impact that may have on others
- A demonstration of how teamwork and support leads to better care for people with dementia and a better workplace
- Five half days at £200 per half day (up to 12 staff), plus travelling expenses, plus exam (£22 each) and workbooks.

## Option 2

### Dementia and behaviour we find challenging

- A half day training session to include videos, PowerPoint presentation and activities to explore reasons for challenging behaviour leading to reduction in episodes
- Half day session (either morning or afternoon) for up to 20 staff for £150, plus travelling expenses
- Certificate of attendance available.