

Volunteers needed

The success of our wide range of services is down to our volunteers and staff working in partnership. The commitment and passion of our volunteers mean that our services across the country are able to support almost 31,000 people per week.

We would be delighted to hear from you if you would like to volunteer your time and make a difference to people affected by dementia in your area.

Please contact the Alzheimer's Society Gwent for more information on volunteering or to apply online please visit:

alzheimers.org.uk/volunteers

Contacts

Alzheimer's Society
Gwent
The Innovation Centre
Unit 109
Victoria Park, Festival Drive
Ebbw Vale, NP23 8XA
T: 01495 356 755
E: Blaenau-Gwent@alzheimers.org.uk

For up to date news and information visit Alzheimer's Society website at alzheimers.org.uk

For online support try Talking Point, a virtual support group for anyone who is affected by dementia at alzheimers.org.uk/talkingpoint

Alzheimer's Society National
Dementia Helpline
0845 3000 336

Registered charity no. 296645. A company limited by guarantee and in England no. 2115499. Alzheimer's Society operates in England, Wales and Northern Ireland.

Supporting people with dementia, their families and carers locally

Gwent

Our services are free and confidential

We offer:

- Support groups for people living with dementia, their carers and families. These groups are a valuable opportunity for people facing similar challenges, to share their experiences and support each other. Through the group's social outings and shared activities good friendships often develop.
- Regular carer support meeting at Ysbyty'r Tri Chwm, College Road, Ebbw Vale. Held on the last Monday of the month, from 1:30pm to 3pm.
- Information and advice for carers on how they can help maintain the independence of people with dementia at home.

There is no charge for any of the above services, but we are always grateful for donations.

For further information on services call
01495 356755

There are an estimated 958 people with dementia living in Blaenau Gwent, many of whom live at home without any services.

Alzheimer's Society Gwent aims to help people with dementia and their families through:

- Outreach and Information Project
- Providing information and emotional support
- Signposting to local services which can offer additional help
- Home and office visits
- Local carer support meetings
- Younger person with dementia Project
- Organised outings and social events
- Carers' education and information sessions
- Gwent Befriending Project

There is no charge for any of these services but we are always grateful for donations.

Alzheimer's Society

Alzheimer's Society is the UK's leading care and research charity for people with dementia and those who care for them.

There are 700,000 people with dementia in the UK, with numbers set to rise to one million by 2025.

Alzheimer's Society provides information and support for people with all forms of dementia and those who care for them. It runs quality care services, funds research, advises professionals and campaigns for improved health and social care and greater public understanding and awareness of dementia.