

Annual Report ● 2007–2008

Hackney and City

Annual Report 2006-2007

Alzheimer's Society
Hackney and City
Primrose Resource Centre
23 Primrose Square
London E9 7TS

T 020 8533 0091/1291
F 020 8525 4485
E julianlloyds@yahoo.co.uk
brianraybould@aol.com

Development Manager: Julian Lloyd
Outreach Worker: Brian Raybould

Chair's report



Gerald O'Mahoney

Alzheimer's Society Hackney and City, has seen another year of development and consolidation built upon earlier achievements.

It is now three years since Julian Lloyd became our first full-time member of staff, now joined by Brian Raybould. More individuals and families have made contact with the local office and are feeling the benefits of involvement with others facing the difficulties caused by living with dementia.

Nationally the needs of those with dementia have been highlighted by the National Audit Office's Report considering the relative inadequacies of dementia services in Britain compared with across

Europe. There is now a move to significantly enhance the provision of dementia care backed by new resources provided to Health and Social Care Statutory and Voluntary agencies.

The development of the One Society initiative in the Alzheimer's Society seems likely to bring benefits to small offices such as ours trying to establish our presence.

The challenge remains to establish a strong local membership that can give a voice to Hackney and City residents to express their hopes and wishes in shaping what type of developments would seem best suited to improving care and support in our community. I hope to see an expanded membership and an active and involved Development Committee work towards these aims.

With best wishes
Gerald O'Mahoney

Manager's



Julian Lloyd

As mentioned above I have been in post now for three years and looking back over previous Annual Reports I am reminded how far we have developed during this time. Each year sees an increase in the number of families who are receiving our

services. It also sees an increase in the range of services that we are delivering. Looking at our database we now have 218 families who have received support from our local office and continue to receive our newsletters and mail outs!

The other thing that strikes me as I look back is how precarious our funding has been each year. For the first time since I took my local post, I am pleased to be able to report that funding to allow us to continue and to develop seems more secure. During 2006/2007 we negotiated a contract with the Hackney and City Primary Care Trust who have funded a number of the projects that had previously been supported by the Neighbourhood Renewal Fund.

We continue to enjoy the support of the East London and City University Mental Health NHS Trust. They provide us with an in kind grant of £10,000 per year in the form of office space and facilities. They also rehoused us whilst refurbishing the Primrose Centre and provided us with an upgraded office space on our return.

We also continue to enjoy the generous support from our many donors. As you can see from our Financial

Statement, in 2006/2007 we raised over £7,500 through fundraising events and donations! I would like to thank everyone who sent in donations or helped with fundraising events such as our Flag Day, Memory Walk, Pub Quiz and collection outside Tesco.

So how does this funding get spent? In 2006/2007 we supported 143 carers via our local helpline and many of these carers on multiple occasions. We provided home visits to 160 families, many on several occasions. We referred 77 families on to statutory and voluntary services. We provided information and education sessions to health and social care staff, daycentres and sheltered housing schemes. We provided 32 carer support groups and 8 social functions for people living with dementia and carers. In Partnership with TLC Care Services we deliver the Link Project which provides specialised support to people living with dementia on their own in the community. In partnership with Clapton Salvation Army we have established our popular Friday Coffee Club which provides social activity alongside information and advice for people living with dementia and their carers. This and much much more!

We should continue to focus on our outreach and awareness raising work. Although we are supporting 218 families, the latest research indicates that there are 1190 people living with dementia in Hackney and the City. Many of these people will not have a formal diagnosis and will not be receiving any support from health or social services. We still have a lot of work to do! I would like to finish by thanking all those people who support and guide our local work, in particular our Development Committee, Weng Mun and Maggie in our London Area office and of course Brian who is invaluable.

Julian Lloyd

Outreach Worker's



Brian Raybould

People Just People. People who will never be famous, or achieve public acclaim, but people who have been invaluable to us and our work in Hackney and the City.

Who are these people who have given us time, ideas, and buildings? Who

have shown a genuine interest in our work, and have helped our work to be not only interesting but enjoyable and helpful? Looking back over the past year, we have been encouraged, and supported by these people.

People like the staff teams at the Primrose Centre, who refer people to our services, but continue to offer professional advice, support our work and help at social events. It is also worth mentioning they are pretty good at our Quiz nights.

People like the carers, who although they have a busy life, still find time to support our work by taking part in our social events and participating in our Memory walk, and helping out at our Alzheimer's Café.

But who gives us buildings? The Mental Health Trust who provide our office and meeting rooms; What about the Elderfield Pub (formerly the Eclipse) in Homerton? The Managers Joyce and Steve and their staff are really helpful; they also provide lovely refreshments for our visitors.

Then there's the Clapton of The Salvation Army, where the staff and Captains Ruth and Karl Gray have given us accommodation to commence our Alzheimer's Café, now named the Friday Morning Coffee Club, this gift of a building was for six months and we look forward to being a permanent event there.

We remember our Committee Representatives, who give time advice, support and practical help, for some of them this has meant being willing to raise finance on our flag days.

To all these people, we say 'Thank You' for your gifts of time, support and buildings! Your gifts mean that we can continue to offer the gift of help, support and advice to many people who are affected by dementia.

Please accept our grateful thanks!

Brian Raybould

Treasurer's

Statements of financial activities

for the year ending 31 March 2007

Incoming resources	2005/2006 £	2006/2007 £
Grants – Neighbourhood Renewal Fund	54,847	59,449
Grants – East London and City Mental Health Trust	5,000	10,000
Donations	238	4,969
Fundraising	5,040	2,619
Training fees	0	1,940
Member subscriptions	0	432
Bank interest	360	474
Other	87	247
<hr/>		
Gross income	65,572	80,130
Resources expended	2005/2006 £	2006/2007 £
Staff costs	49,074	57,657
Rent	5,000	10,000
General running expenses	3,886	3,979
Independent examiner's fees	100	3,979
Total expenditure	58,060	71,736
<hr/>		
Net income for the year	7,513	8,393
Balance sheet		£
Reserves – balances brought forward at 1 April 2006		17,452
Surplus/deficit of income over expenditure for the year to 31 March 2006		8,393
<hr/>		
Balances carried forward at 31 March 2007		25,845

Cathryn Davies

Activi

Pub Quiz

The return of our ever popular pub quiz!
Tuesday 13 November 7 – 10pm
The Elderfield (formally known as the Eclipse)
57 Elderfield Road, London E5 0LF
Transport will be available for any of our members who may have difficulty making their own way there.

Friday Coffee Club

Our Friday Coffee Club will continue to run at Clapton Salvation Army on the first Friday of each month. From October 2007 we will be able to offer transport but only on a small scale. We only have 14 available seats on the minibus, so ask our members wherever possible to try and use public transport. We anticipate demand outstripping supply, so will have to limit places to those with the highest needs. We would like to apologise in advance to anyone to whom we are unable to offer transport. We intend to seek funding to allow us to increase the number of transport places available.

Xmas Party

We are planning to hold our xmas party this year on:
Friday 14 December 5 – 7pm
Primrose Resource Centre
23 Primrose Square
London E9 7TS
We will be providing transport for anyone who has difficulty getting here. As usual the invitation is open to people with dementia and carers. We will be providing food, drink and music, all you need bring is yourself!

Carers Support Groups

Our Carers Support groups continue to be well attended and valued. Below are the forthcoming dates, times and venues for each of our support groups.

The Lodge Support Group
Meets on the first and third Wednesday of each month at The Lodge, Crozier Terrace, London E9.
Time: 2.00pm – 3.00pm

Forthcoming dates:

17 October

17 November

21 November

5 December

16 January

6 February

20 February

This group is co-facilitated by:

Julian Lloyd – Alzheimer's Society

Elizabeth Richards – Occupational Therapy Assistant

Primrose Support Group

Meets on the fourth Wednesday of every month at Primrose Resource Centre. 23 Primrose Square, E9 7TS.

Time: 10.30am – 12.30pm

Forthcoming dates:

24 October

28 November

23 January

27 February

This group is co-facilitated by:

Brian Raybould – Alzheimer's Society

Lisa Schuler – Carers Centre

Development Committee

Dr Gerald O'Mahoney – Chair

Gerald is a Consultant Psychiatrist at the Homerton Hospital, a post which he has held for the past thirteen years. He has a great interest in helping people with dementia and their carers. Gerald also heads the Memory Clinic which aims to identify early onset dementia.

Mona Clarke – Secretary

Mona is a Service Manager within the Mental Health Trust. She has a special interest in working with carers of those suffering from dementia. Mona was one of the original members of the steering group.

Cathryn Davies – Treasurer

Cathryn is a community occupational therapist working with older people with mental health problems in Hackney. Through her work she has an awareness of the challenges that life with memory loss can have upon people and their carers and is committed to help and support people affected by dementia in Hackney.

Daphne Godfrey

Daphne has been on our committee for the last 2 years. Daphne helps to care for her mother who has vascular dementia. Daphne is particularly interested in issues affecting carers, and also has an interest in health services.

Janet Hawthorn

Janet Hawthorn is the Director of Home Care Services at TLC. Janet joined our committee to help oversee the Link Project, a joint venture between TLC and the Alzheimer's Society.

Marian Brame

Marian was a full time carer to her mother who had Alzheimer's disease, and also gave up her career to fill this role. Marion's mother sadly died recently. Marian also helped to look after her late father who had the disease, and because of her personal experiences, Marian is keen to remain on the Committee so that she may continue to contribute to such a worthy cause

Myra Scully

Myra cared for her husband for 24 years. He suffered a stroke in his 50's and subsequently in his last few years suffered from dementia. Myra's husband died 5 years ago. Myra still attends the carers support group and is also involved in a stroke group in Hackney. She has been a committee member for the last four years.

Steve Stevenson

A Retired Local Government Officer and a member of the Court of Common Council for Cripplegate Ward in the City of London. His main interests include housing, social services, NHS and the City's Markets. His outside interests are Chairman of the Golden Lane Playgroup and Governor of the Cripplegate Foundation. Steve also cares for his wife who has dementia.

Cindy Diminieux

Cindy has been our Area Forum representative for the last 2 years. Cindy cares for her mother who has been diagnosed with vascular dementia. Cindy has a passion for standing up for those who are not able to represent themselves.