

Volunteers needed

The success of our wide range of services is down to our volunteers and staff working in partnership. The commitment and passion of our volunteers mean that our services across the country are able to support almost 31,000 people per week.

We would be delighted to hear from you if you would like to volunteer your time and make a difference to people affected by dementia in your area.

You can help by

- Providing advice on maintaining current and developing new services in the local area.
- Raising funds to support local services.
- Supporting local staff in running services and activities.

Contacts

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Supporting
people
with
dementia,
their
families
and carers
locally

Great Yarmouth

Our service is free and confidential

We offer

- Support and advice for carers.
- Support for people living with dementia.
- Advice about benefits and other services of support.
- Outings and social events.

Great Yarmouth supports people locally

- Support groups for people living with dementia, their carers and families. These groups are a valuable opportunity for people facing similar challenges, to share their experiences and support each other. Through the group's social outings and shared activities good friendships often develop.
- Home respite so that carers can take short breaks. People who care for a loved one with dementia often carry on without realising how tired or tense they have become. A break can help them relax, make time for their own needs and then feel stronger to continue to give the best care that they can.
- Information and advice for carers on how they can help maintain the independence of people with dementia at home.

Alzheimer's Society

Alzheimer's Society is the UK's leading care and research charity for people with dementia and those who care for them.

There are 700,000 people with dementia in the UK, with numbers set to rise to one million by 2025.

Alzheimer's Society provides information and support for people with all forms of dementia and those who care for them. It runs quality care services, funds research, advises professionals and campaigns for improved health and social care and greater public understanding and awareness of dementia.